



March 2023

NUHRA Newsletter

www.nuhra.org

2023 Board Members

President	Jonathan Katseanes
President Elect	Shauna Greer
Secretary	Erica Robinson
Treasurer	Nick Allen
VP Membership	Stacey Comeau
Communication	Christina London
Programs	Available
Certification	Shauna Greer
Hospitality	Alison Evans
Workforce Readiness	Darren Rogers
Diversity	Bryan McCurdy
Legislative Representative	Michael Stanger
Public Relations	Miles Romney
SHRM Foundation	Ronda Bateman
College Relations	Available
Student Chapter President	Isy Chino & Brett Hancock
Past President	Rachel Child
Employment Law Specialist	Sean Monson
Golf Committee Chair	Shawn Choate

INSIDE THIS ISSUE

2023 Board Members	1
President’s Address	1
Good News	2
FMLA Turns 30	2
Upcoming Events	3

President’s Address

Hello NUHRA Members!

Remember, once again, we’ll meet this month at our new venue, the Courtyard Marriott in Layton. We hope this location is comfortable and convenient. Let us know what you think.

Also, we will hold our second quarterly Ask an Attorney event on April 11 at 8:00 A.M. on Zoom. Save the date!

Don’t forget about our half-day conference on May 18. We are excited to have a great lineup of speakers, including the popular legal update from Jesse Oakeson and Mark Tolman. We are thankful to our sponsors for that event:

- Paychex
- Paycor
- Principal
- Master of Legal Studies Program, U of U S.J. Quinney College of Law
- My529

Please be sure to speak with them at the conference and thank them for allowing us to keep our membership rates down.

We appreciate your membership and would love to hear more about what topics interest you or how we can better serve you.

Jonathan Katseanes
2023 NUHRA President



FMLA Turns 30

Check out the Department of Labor's website. They've got some great content featuring the 30th birthday of the Family Medical Leave Act. <https://www.dol.gov/agencies/whd/fmla/fmla30>

It is easy for FMLA to become just another acronym. Maybe at times it has become the bane of your existence as an HR professional, but to many it has been their saving grace. To be able to keep a job in the face of medical issues, or pregnancy, or chronic illness, has been a huge blessing. As HR professionals, we've been blessed to be able to spread the good news, as well as administer, the leave time that comes because of this great legislation. It has also been really great to be able to retain good employees who just needed a little time off to take care of themselves or their family.

If you are young enough to have started work after the FMLA was enacted, take a few moments to talk to a colleague about what life was like before FMLA. The perspective is amazing.

Keep up the great work and be sure to celebrate FMLA's 30th birthday!

Good News

We have this section reserved for YOUR good news!

Please share with us the positives in your life.

Did you get a new job, pass a certification exam? Maybe you just got through W-2 or ACA season alive.

Maybe you got a cute kitten or puppy?

We want to know!

Send your good news to Christina at CLondon@BetterBeing.com (please no spam or solicitation).

Upcoming Events

March Meeting

When: March 16, 2023
Time: 11:30 – 1:00
Where: Courtyard Marriott & Zoom

Join us as we learn about conducting employee investigations.

This meeting has been submitted for HRCI and SHRM credit.

Please RSVP before noon on March 13.

April Ask An Attorney

When: April 11, 2023
Time: 8:00 – 9:00 A.M.
Where: Zoom

Join us as we hold our second quarterly ask an attorney event.

Please RSVP before April 10.

April Meeting

When: April 20, 2023
Time: 11:30 – 1:00
Where: Courtyard Marriott & Zoom

Join us as we hear from Michael Jeanfreau, our Regional Economist at DWS. He will present an economic update.

This meeting has been submitted for HRCI and SHRM credit.

Please RSVP before noon on April 17.

Half-Day Conference

Save the date for our half-day conference on May 18 at the Courtyard Marriott in Layton. See our website, NUHRA.org for the schedule and more details.

As always, this event is FREE to NUHRA members. Guests are welcome to attend for a fee.

NUHRA 2023 Calendar

<p>February 16 Meeting 11:30 – 1:00</p>	<p>March 16 Meeting 11:30 – 1:00</p>	<p>April 20 Meeting 11:30 – 1:00</p>
--	---	---

see calendar items in detail:

www.nuhra.org