



January 2024

# NUHRA Newsletter

www.nuhra.org

## 2024 Board Members

<b>President</b>	Shauna Greer
<b>President Elect</b>	
<b>Secretary</b>	Erica Robinson
<b>Treasurer</b>	Nick Allen
<b>VP Membership</b>	Stacey Comeau
<b>Communication</b>	Christina London
<b>Programs</b>	Veronica Akers
<b>Certification</b>	Afton Burns
<b>Hospitality</b>	Alison Evans
<b>Workforce Readiness</b>	Darren Rogers
<b>Diversity</b>	Bryan McCurdy
<b>Legislative Representative</b>	Michael Stanger
<b>Public Relations</b>	Miles Romney
<b>SHRM Foundation</b>	Ronda Bateman
<b>College Relations</b>	Rachel Child
<b>Student Chapter President</b>	Sadie Bunderson
<b>Past President</b>	Jonathan Katseanes
<b>Employment Law Specialist</b>	Sean Monson
<b>Golf Committee Chair</b>	Shawn Choate

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## President's Address

Welcome to the New Year!

We are so excited that 2024 marks the 50<sup>th</sup> anniversary of our chapter! We're hoping to make this year special for our members and would love your input.

We've got a good chunk of the years scheduled and submitted to HRCI and SHRM for pre-approval and plan, once again, to have a great golf tournament in August.

We're also excited to continue our quarterly Ask an Attorney events. Watch for an email in February with instructions on how to register for the first Zoom event.

We are so grateful for your membership and continued support. We look forward to seeing you each month.

AFFILIATE OF



SOCIETY FOR HUMAN RESOURCE MANAGEMENT



## New Year's Resolutions for the Workplace

SHRM has an article on HR professionals and their New Year's Resolutions for work.

<https://www.shrm.org/topics-tools/news/organizational-employee-development/2024-hr-resolutions>

Some of the resolutions included:

- Create Connection – including facial interaction, team building exercises, and open communication channels.
- Provide Harmony, Empathy, Feedback – create a culture where feedback is frequent and honest/
- Create Clarity, Improve Communication – employees should understand their contribution to the organization.
- Promote EAP Use – focus on employee well-being.
- Boost Engagement, Well-Being – a healthy team is the key to growth.
- Foster Growth – prioritize personal development.
- Integrate the Remote Workforce – foster deeper cultural understanding and be inclusive.
- Personalize Employee Experiences Through AI – analyze employee data to tailor development plans.
- Respond to Job Applicants – engage with applicants, even when they don't make the cut.

Have you ever set New Year's Resolutions for work? What did they include?

NUHRA's New Year's Resolution this year is to communicate our gratitude more often to our members. We do not exist without members and it has often been said that NUHRA is one of, if not *the*, best chapter in Utah. Our members seem to care for each other, want to help each other, and we want to help each other succeed.

Thank you for being a part of our chapter and have a Happy New Year!

## Upcoming Events

### January Meeting

**When:** January 11, 2024  
**Time:** 11:30 – 1:00  
**Where:** Courtyard Marriott & Zoom

Join us as we hear about the **Legalities of Diversity, Equity, and Inclusion programs** with **Michael Stanger & Sean Monson**

Please RSVP before noon on January 8.

### Ask an Attorney

**When:** February 13, 2024  
**Time:** 8:00 – 9:00  
**Where:** Zoom

Join us in Zoom for our quarterly Ask An Attorney event.

Attorneys Sean Monson and Michael Stanger will join us as we ask them our many questions.

We are excited to provide this quarterly event.

### February Meeting

**When:** February 15, 2024  
**Time:** 11:30 – 1:00  
**Where:** Courtyard Marriott & Zoom

Please join us as we network and learn from Christy Kane on the Answer to Resilience.

Please RSVP before noon on February 12.

This meeting has been submitted for HRCI and SHRM credit.

### March Meeting

**When:** March 21, 2024  
**Time:** 11:30 – 1:00  
**Where:** Courtyard Marriott & Zoom

Join us as we hear our annual Economic Update from Michael Jeanfreau, Senior Economist at DWS.

This meeting has been submitted for HRCI and SHRM credit.

Please RSVP before noon on March 18.

## NUHRA 2024 Calendar

<p><b>January 11</b> Meeting 11:30 – 1:00</p>	<p><b>February 15</b> Meeting 11:30 – 1:00</p>	<p><b>March 21</b> Meeting 11:30 – 1:00</p>
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see calendar items in detail:

[www.nuhra.org](http://www.nuhra.org)